

Imposter Syndrome Resources:

Video Links:

- [Imposter Syndrome and its impact with communication](#)
- [What is imposter syndrome and how can you combat it?](#)
- [Michelle Obama explains imposter syndrome](#)
- [How students of color confront imposter syndrome](#)

Interesting Reads:

[Stop Telling Women They Have Imposter Syndrome](#)

[Racism camouflaged as impostorism and the impact on black STEM doctoral students](#)

Postcasts:

[How Gratitude combats Imposter Syndrome-Dr. Kristin Yates](#)

[<5 Steps to shake the feeling that you're an imposter- NPR](#)

[Goal Digger-The Secret to Overcoming Imposter Syndrome](#)